



When Is It Time To Move To The Manor:



Some agonize over whether to move out of a beloved home while others embrace the opportunity to set up a new home, make new friends, and stop bothering with cooking and cleaning. For most the decision to move is based on the realization that a little extra help is needed and there are benefits from a wide array of individualized services, activities and healthy meals, as well as new social outlets to combat the isolation experienced while living alone. Life is meant to be shared. Fill out the survey & see if it's time for you to move.

If you answer **YES** to four or more of the questions on our check list, living at The Manor might be the perfect next step for you or a loved one.

- Do you want to have help with house work, yard work or home repairs? ____ YES
- Could you use a handicap friendly bathroom & shower? Or Are you worried about safety in the tub or shower? ____ YES
- Are you afraid or concerned about the risk of falling? Or Have falls happened recently? Or Have you noticed a change in walking, mobility or balance? ____ YES
- Have you fallen behind on bills or find that mail piles up? ____ YES
- Do you feel like you are a burden to your family & want to be independent? ____ YES
- Do you need help cooking proper nutritious meals? ____ YES
- Are you having a problem maintaining a healthy weight and getting some form of exercise? ____ YES
- Do you worry about safety when you are alone? ____ YES
- Do you find it difficult to maintain a social life? ____ YES
- Do you make excuses about why you don't participate with friends or engage in social events anymore? ____ YES



- Do you feel isolated, lonely or bored? ___ YES
- Have you become withdrawn, fearful or depressed? ___ YES
- Have your driving abilities diminished? ___ YES
- Have you recently been hospitalized & are recovering? ___ YES
- Are you concerned about continued recovery at home alone? ___ YES
- Do you feel that people don't listen to you or value what you say? ___ YES
- Do you find it difficult to feel like you have things in common with those around you? ___ YES
- Do you want to remain independent? ___ YES Perfect! The Manor makes it possible to be

independent in the comfort of your own home - your beautiful new apartment! Come join us!

Living at The Manor will add value to your life and give you the people and housing services you are missing to make your life content. We do not provide medical assistance or personal hygiene services but you can secure in-home health care services for those specific needs through independent local businesses or agencies. We do, however, provide a wonderfully independent senior housing choice with added housing services that meet your personal needs.

Living at The Manor does not mean a loss of independence. Quite the contrary. Our goal is to maximize your independence within an environment which provides you with choices, celebrates your individuality, and allows you to thrive. You will enjoy a safer, more comfortable, social lifestyle and you will spend less time worrying and more time enjoying your life with friends (old & new) who share many of life's challenges & joys with you!

Laughter

Grace

HOPE

Friendship

Kindness

S*M*I*L*E*S



Respect

Understanding

LOVE

Independence

Companionship

F*U*N

Check us out at:

www.loveourmanor.com